

Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Special Nutritionals

ARMS#

12462



2 - LABEL SAMPLE

000001

memo: 10/24/97

Subject: RABDO assignment 070417

JOC

Attached B p10



TWINLAB METABOLIC ENHANCER

DATA EXCLUSIVE EXCLUSIVELY DISTRIBUTED BY TWINLAB

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FUEL

60 Capsules

Two Capsules Provide:

	% U.S. RDA
Mahuang Extract (standardized for 20 mg ephedra alkaloids)	334 mg
Guarana Extract (standardized for 22% caffeine)	910 mg
L-Carnitine	100 mg
Chromium from Chromic Fuel® patented chromium picolinate	200 mcg

No U.S. FDA established
WARNING: Diabetics may use only under
physician's supervision because the product
contains Caffeine and Chromium
picolinate which may enhance insulin sensitivity.

KEEP OUT OF REACH OF CHILDREN.

Manufactured by:

TWIN LABORATORIES INC., Ronkonkoma, NY 11779 USA



RECOMMENDED USE: As a dietary supplement, take 2 capsules before morning workout on an empty stomach. Also, take 2 capsules before afternoon and evening meals. Do not exceed 6 capsules daily. Taking more than the recommended amount will not improve results and may cause adverse reactions listed in the warning below. Begin use with one-half the recommended dose (one capsule three times per day) to assess your tolerance. Improper use may be hazardous to a person's health. For best results, use as part of a low-fat diet and exercise program. The maximum recommended dosage of ephedrine for a healthy adult is no more than 100 mg in a 24 hour period for no longer than 2 weeks. Please note: Guarana extract contains Caffeine and should not be taken by those wishing to eliminate caffeine from the diet.

WARNING: Do not use if you are pregnant or nursing or if you are at risk or are being treated for high blood pressure, heart, liver, thyroid or psychiatric disease, diabetes, pernicious anemia, nervousness, anxiety, depression, seizure disorder, stroke or difficulty in urination due to prostate enlargement. Consult your health care professional before use if you are taking an MAO inhibitor or any other prescription drug. Discontinue use and consult your health care professional if dizziness, sleeplessness, tremors, nervousness, headache, heart palpitations or tingling sensations occur. NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18.

**THERMOGENIC
FORMULA**

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